



# MARCH 2011 MENU

Easter Holiday Boxes (S-5) now available for preorder. Order now thru April's deadline and receive during normal April distribution. Please see our website for limited online-only specials.

## B2 - Bit O' Blessing Box

Quantities are Limited. Orders filled on a first come, first serve basis.

- 2 lb. Chicken Stir Fry
- 2 lb. Chicken Fettuccini Alfredo
- 2 lb. Lasagna
- 1.5 lb. Meatballs
- 1 lb. Ground Beef
- 24 oz. French Fries
- 1 lb. Veggie Blend
- 1 lb. Green Beans
- 1 lb. Frozen Mango

**\$21.00\***

## B4 - Fast & Flavorful Cuisine

Convenience meals great for seniors and people on the go!

- White Chicken Fettuccini Alfredo
- Spaghetti and Meatballs in Marinara Sauce
- Fish Sticks
- Salisbury Steaks
- Chicken Chow Mein
- Turkey and Gravy over Bread Dressing
- Boneless Pork Patty with Barbecue Sauce
- Beef Stew
- Meatball Stroganoff
- White Chicken and Penne

**\$28.00\***

specific meal details can be found at [www.angelfoodministries.com](http://www.angelfoodministries.com)

## B6 - Just 4 Me After School Box

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Fully Cooked Breaded Chicken Pieces
- 1.5 lb. Corn Dogs
- 10 oz. Mac & Cheese
- 16 oz. String Cheese
- 16 oz. Pocket Sandwich
- 4 ea. (2.8 oz.) Peanut Butter and Jelly Jamwich
- 4 ea. (4 oz.) Mini Stuffed Sandwiches
- 6.5 oz. Cheese or Pepperoni Pizza
- 3 oz. Grilled Cheese Sandwich
- 1 ea. (3.4 oz.) Watermelon Italian Ice
- 1 ea. (3.2 oz.) Raspberry Fruit Juice Sherbet

**\$24.00\***

## B8 - Just 4 Me After School Fruit and Veggie Box

- 3 ea. Red Apples
- 3 ea. Green Apples
- 3 ea. Pears
- 3 ea. Navel Oranges
- 1 ea. Stalk, Sleeved Celery
- 1 lb. Mini Peeled Carrots
- 3 ct. Fruit Juice (Mixed Flavors)
- 8 oz. Trail Mix
- 3 oz. Dried Cranberries with Honey Roasted Almonds

**\$16.00\***

## B1 - Bread of Life Signature Box

Balanced nutrition and variety with enough food to help feed a family of four for about a week.

- 3 lb. (avg.) Split Chicken Breast
- 2 lb. IQF Flounder Fillets
- 2 lb. Ham Chowder
- 3 lb. IQF Chicken Drumsticks
- 1.5 lb. Boneless Pork Chops
- 1 lb. 80/20 Lean Ground Beef
- 1 lb. Deli-style Turkey Loaf
- 1 lb. Peas
- 1 lb. Green Beans
- 1 lb. Carrots
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 8 ct. Flour Tortillas
- 1 pk. Taco Seasoning
- 7 oz. Corn Muffin Mix
- 10 ct. Instant Oatmeal (2 x 5 ct. boxes)
- 32 oz. 2% Shelf-stable Milk
- 1 dz. Eggs
- Dessert

**\$31.00\***

## GLUTEN FREE!†

### B5 - Allergen Free Food Box

- 1 lb. Breaded Chicken Breast Nuggets
- 1 lb. Breaded Chicken Tenderloins
- 1 lb. Breaded Breast Fillet Patties
- 1 lb. Breaded Boneless Chicken Wings
- 1 lb. Breaded Cubed Steak

**\$25.00\***

†Please see our website for other allergen facts.

## B7 - Just 4 Me No Child Goes Without

"Blessing America's Children, one Box at a Time"

- 10 ct. Instant Oatmeal (2 x 5 ct. Boxes)
- 7.5 oz. Beans & Wieners
- 7.5 oz. Cheezy Mac 'n Cheese
- 7.5 oz. Mini Beef Ravioli
- 7.5 oz. Spaghetti and Mini Meatballs
- 7.5 oz. Noodle Rings & Chicken
- 7.5 oz. Cheezy Mac 'n Franks
- 7 ea. Cereal Bowls (.75 oz. ea.)
- 1 ea. Peanut Butter (12 oz.)
- 1 ea. Pure Honey (12 oz.)
- 1 ea. Chunk Lite Tuna in Water (.5 oz.)
- 1 ea. All White Chicken (.5 oz.)
- 6 pk. Apple Sauce
- 5 ea. Granola Bars (.25 oz. ea.)
- 32 oz. Shelf-Stable 2% Milk

**\$24.00\***

## NEW! B9 - Pastor Joe's Premium Box

- 40 oz. Angus Sirloin Steaks (4 x 10 oz.)
- 1.5 lb. Large Breaded Oven Ready Butterfry Shrimp
- 2 lb. Angus Steak Burgers (4 x 8 oz.)
- 24 oz. Frozen Steak Fries
- 1 lb. Frozen Green Beans
- 1 (8 ct. pk.) Frozen Corn on the Cobb
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Cauliflower Florets
- 1 lb. Frozen Green Peas

## B3 - Bountiful Blessing Box

- 3 lb. (avg.) Split Chicken Breast
- 2 lb. IQF Flounder Fillets
- 2 lb. Ham Chowder
- 2 lb. Beef Stir Fry Meal
- 3 lb. IQF Chicken Drumsticks
- 2 lb. Lasagna
- 1.5 lb. Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Boneless Pork Chops
- 1 lb. 80/20 Lean Ground Beef
- 1 lb. Deli-style Turkey Loaf
- 2 lb. Tomato Basil Soup
- 1 lb. Peas
- 1 lb. Green Beans
- 1 lb. Carrots
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 8 ct. Flour Tortillas
- 1 pk. Taco Seasoning
- 7 oz. Corn Muffin Mix
- 6.9 oz. Beef Flavored Rice & Vermicelli
- 7 oz. Raspberry Muffin Mix
- 10 ct. Instant Oatmeal (2 x 5 ct. boxes)
- 32 oz. 2% Shelf-stable Milk
- 1 dz. Eggs
- Dessert

**\$41.00\***

### S1 - MARCH SPECIAL #1 \$25.00\*

- 4 lb. Steak Special
- 2 lb. New York Strip Steaks (4 x 8 oz.)
- 2 lb. Ribeye Steaks (4 x 8 oz.)

### S2 - MARCH SPECIAL #2 \$17.00\*

- 10 lb. Popcorn Chicken Special
- 10 lbs. Breaded Popcorn Chicken

### S3 - MARCH SPECIAL #3 \$23.00\*

#### Premium Fresh Fruit and Veggie Box

- 1 head Iceberg Cello Lettuce
- 1 head Green Cabbage
- 1 lb. Cello Carrots
- 4 Large Baking Potatoes
- 3 lb. bag Sweet Potatoes
- 2 lb. bag Yellow Onions
- 1 Golden Ripe Pineapple
- 1 Cantaloupe
- 1 lb. Red Seedless Grapes
- 4 California Lemons
- 16 oz. Salad Dressing
- 1 bag Salad Croutons
- AFM Fruit and Veggie Recipe Sheet

### S5 - MARCH SPECIAL #5 \$36.00\*

#### Easter Holiday Box

- 7.5 lb. (avg.) All Natural Perdue Roasting Hen
- 3 lb. Boneless Netted Pork Roast
- 72 oz. (8 ct.) Premium Twice Baked Potatoes (Idaho Russet Potatoes with Applewood Smoked Bacon, Cheddar Cheese, Sour Cream, Butter & Chives)
- 2 lb. Green Beans
- 12 ct. Mini Corn Cobettes
- 12 oz. Cornbread Stuffing Mix (2 x 6 oz. pkg.)
- 1.7 oz. Brown Gravy Mix (2 x .87 oz. = 2 c. gravy)
- 12 ct. Whole Wheat Dinner Rolls
- 2 lb. 5 oz. Mrs. Smith's Apple Raisin Spice Pie
- Recipe and Cooking Instructions

Angel Food Ministries Reserves the Right to Substitute Any Items

Orders Due/Distribution Day: Contact Your Local Host Site  
 \*Please contact your local host site for information or visit our website to locate a host site near you  
[www.angelfoodministries.com](http://www.angelfoodministries.com)

Host Site  
**First Church of God**  
601 E. Lexington Rd.  
Eaton, Ohio 45320  
937.456.4681

# March 2011



### About Angel Food Ministries

Angel Food is a nonprofit, organization dedicated to providing grocery relief to communities all across the country.

Groceries are ordered each month by any interested individual with no income guidelines or applications. Each unit contains both fresh and frozen top quality food items. **No checks are accepted for this service. Cash, money orders, food stamps or cashier's checks only at the time of order.**

Each box of food will assist in feeding a family of four for about one week, or a single senior citizen for almost a month! Order dates are set each month. Anyone may order any number of food units during these order times. On the distribution day (always a Saturday), you simply bring your receipt and a box, basket or cooler to receive your food.

Take advantage of this special way of providing high value food for your family.

**For more information:**  
[www.angelfoodministries.com](http://www.angelfoodministries.com)

### Ministry Team...

- Senior Pastor** ~ Dr. David Reames  
(dreames@eatonfirstcog.com)
- Pastor of Worship Arts** ~ Nathan Stewart  
(nstewart@eatonfirstcog.com)
- Pastor of Youth** ~ Jeremy Halstead  
(jhalstead@eatonfirstcog.com)
- Children's Ministry Director** ~ Laurie Stewart  
(lstewart@eatonfirstcog.com)

**Distribution:**  
Saturday, March 19 from 8:30 - 10a  
at the First Church of God  
(Bring your receipt and a box, basket or cooler to receive your food.)

**Payment Must Accompany Your Order.**  
No checks are accepted for this service. Cash, food stamps, money orders or cashier's checks only at the time of order.

**Weekday Mornings**  
March 9 & 11 from 9a - 12:00 noon

**Sunday Mornings:** March 6  
After Morning Celebration Services (8a & 10:30a)

### March 2011 Order Schedule

**You're welcome to join us at the  
First Church of God for these  
other opportunities:**

#### Service Schedule...

**Sunday Celebration Services:** 8 & 10:30a

**Sunday School:** 9:30a

### Weekly Ministries...

**All Church Dinner** every Wednesday from 5:30-6:30p. The cost is \$2.50 per person; \$10 max per family. This is offered from September through April.

**UpStreet** every Wednesday from 6:30-7:30p for ages 2 through grade 6 during the school year.

**Kids Choirs** meet on Wednesdays from 6:00-6:30p for those 4 through 6th grade during the school year.

**Youth C.I.A.:** Wednesday nights from 6:00-7:30p for all Jr. & Sr. High Youth from Sept. - May.

**Adult Small Groups:** Our small groups exist to reach and serve our community, following Christ's example of building relationships through Bible Study and prayer. Contact the church office for a list of small groups.